

## Special Issue

# Lifestyle, Nutrition, Perception of Health and Quality of Life and Care in Times of COVID-19

### Message from the Guest Editor

The COVID-19 pandemic has upended established practices in every aspect of society, leading to desperate worldwide attempts to adapt to the unexpected new normal. Research into COVID-19, meanwhile, has focused on the study of the virus, disease, and prevention and treatment; however, this pandemic has impacted all the spheres of everyday life and the way that humans interact with each other. This special issue invites researchers to present both quantitative and qualitative papers that study people's lifestyle, diet, perception of their health and quality of life, and the care of different groups (both healthy and sick) in times of COVID-19. Experimental studies and reviews on the effectiveness of coping strategies that contribute to improving quality of life and mitigating the effects of this situation in today's society are also welcome. However, studies on particularly vulnerable populations and care professionals are also invited.

### Guest Editor

Dr. Elia Fernández-Martínez

Department of Nursing, University of Sevilla, 41009 Sevilla, Spain

### Deadline for manuscript submissions

closed (31 March 2023)



## International Journal of Environmental Research and Public Health

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Editorial Office  
MDPI, Grosspeteranlage 5  
4052 Basel, Switzerland  
Tel: +41 61 683 77 34  
[ijerph@mdpi.com](mailto:ijerph@mdpi.com)

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## About the Journal

### Message from the Editor-in-Chief

Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Scientific discoveries and advances in this research field play a critical role in providing a rational basis for informed decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards.

*IJERPH* provides a forum for discussion of discoveries and knowledge in these multidisciplinary fields. Please consider publishing your research in this high quality peer-reviewed journal.

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### Editor-in-Chief

Prof. Dr. Paul B. Tchounwou  
RCMI Center for Urban Health Disparities Research and Innovation,  
Richard N. Dixon Research Center, Morgan State University, Baltimore,  
MD 21251, USA

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