

Special Issue

Movement Behaviours, Health, and Wellbeing in Children and Young People

Message from the Guest Editor

The introduction of 24-hour movement behaviour guidelines for children and adolescents has guided a shift in the study of physical activity, sedentary behaviour, and sleep. This has resulted in the growth of research into achieving 24-hour movement behaviour guidelines, as well as the associations between 24-hour movement behaviours in combinations or compositions and various health and wellbeing outcomes. The aim of this Special Issue in the IJERPH is to showcase the novel research being conducted in this field.

Researchers are invited to submit work that focuses on movement behaviours, health, and wellbeing in children and young people. Areas could include (although not limited to) movement behaviours considered collectively, in combination, or compositions, and links with any physical (physiological), psychological, social, cognitive, and/or mental health and wellbeing outcome in children and/or adolescents (young people).

Submissions could include original research articles, short communications/reports/case study, review articles or opinion papers. There are no restrictions regarding study designs and methodologies.

Guest Editor

Dr. Richard Tyler

Movement Behaviours, Nutrition, Health, and Wellbeing Research Group, Health Research Institute, Department of Sport and Physical Activity, Edge Hill University, Ormskirk L39 4QP, UK

Deadline for manuscript submissions

closed (30 September 2023)



International Journal of Environmental Research and Public Health

an Open Access Journal
by MDPI

CiteScore 8.5
Indexed in PubMed



mdpi.com/si/129095

*International Journal of
Environmental Research and
Public Health*
Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland
Tel: +41 61 683 77 34
ijerph@mdpi.com

[mdpi.com/journal/
ijerph](https://mdpi.com/journal/ijerph)





International Journal of Environmental Research and Public Health

an Open Access Journal
by MDPI

CiteScore 8.5
Indexed in PubMed



[mdpi.com/journal/
ijerph](https://mdpi.com/journal/ijerph)



About the Journal

Message from the Editor-in-Chief

Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Scientific discoveries and advances in this research field play a critical role in providing a rational basis for informed decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards.

IJERPH provides a forum for discussion of discoveries and knowledge in these multidisciplinary fields. Please consider publishing your research in this high quality peer-reviewed journal.

Editor-in-Chief

Prof. Dr. Paul B. Tchounwou
RCMI Center for Urban Health Disparities Research and Innovation,
Richard N. Dixon Research Center, Morgan State University, Baltimore,
MD 21251, USA

Author Benefits

Open Access:

free for readers, with article processing charges (APC) paid by authors or their institutions.

High Visibility:

indexed within Scopus, PubMed, MEDLINE, PMC, Embase, GEOBASE, CAPlus / SciFinder, and other databases.

Journal Rank:

CiteScore - Q1 (Public Health, Environmental and Occupational Health)