

Special Issue

Improving Health and Mental Wellness in Indigenous Communities

Message from the Guest Editor

The inherent strength of Indigenous cultures and communities is that these communities contain all that is essential for ensuring health and well-being. Indigenous languages, ceremonies, and spiritual beliefs promote a sense of belonging and holistic health that encompass physical, mental, emotional, and spiritual dimensions. Strong cultural connections have been shown to enhance mental wellness, mitigate the effects of intergenerational trauma, and elevate self-determination in health. By centering cultural values and knowledge throughout approaches to health promotion, Indigenous communities can improve health outcomes and restore balance to individuals and their broader communities. This Special Issue seeks to explore innovative strategies to improve health and mental wellness in Indigenous communities. Emphasizing community-engaged and emergent Indigenous methodologies, the aim of this Issue is to highlight interdisciplinary research and success stories that promote self-determination, health, and well-being. Submissions are encouraged from Indigenous researchers and those working with communities focused on health and wellness.

Guest Editor

Dr. Vanessa Simonds

Department of Health and Human Development, Montana State University, Herrick Hall 316D, Bozeman, MT 59717, USA

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Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland
Tel: +41 61 683 77 34
ijerph@mdpi.com

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About the Journal

Message from the Editor-in-Chief

Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Scientific discoveries and advances in this research field play a critical role in providing a rational basis for informed decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards.

IJERPH provides a forum for discussion of discoveries and knowledge in these multidisciplinary fields. Please consider publishing your research in this high quality peer-reviewed journal.

Editor-in-Chief

Prof. Dr. Paul B. Tchounwou

RCMI Center for Urban Health Disparities Research and Innovation,
Richard N. Dixon Research Center, Morgan State University, Baltimore,
MD 21251, USA

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