

## Special Issue

# Understanding Self-Harm Among Young People

### Message from the Guest Editors

While there is research demonstrating that self-harm in adolescents is primarily driven by intrapersonal motivations (e.g., emotion regulation) and is often a response to interpersonal stressors, there is still limited understanding of the specific factors that have contributed to an increase in self-harm rates over the past decade. A more robust understanding of the experience of self-harm and factors contributing to self-harm would inform the development of appropriate intervention programs to prevent or reduce its incidence. Papers that focus on self-harm among young people, including contributing factors/precipitants, motivations, experiences, and interventions for self-harm, are invited for this Special Issue.

---

### Guest Editors

Prof. Dr. Katherine M. Boydell

Black Dog Institute, University of New South Wales, Sydney 2031, Australia

Prof. Dr. Helen Christensen

Faculty of Medicine, University of New South Wales, Sydney 2034, Australia

---

### Deadline for manuscript submissions

30 November 2025



## International Journal of Environmental Research and Public Health

---

an Open Access Journal  
by MDPI

---

CiteScore 8.5  
Indexed in PubMed



[mdpi.com/si/225476](https://mdpi.com/si/225476)

*International Journal of  
Environmental Research and  
Public Health*

Editorial Office  
MDPI, Grosspeteranlage 5  
4052 Basel, Switzerland  
Tel: +41 61 683 77 34  
[ijerph@mdpi.com](mailto:ijerph@mdpi.com)

[mdpi.com/journal/  
ijerph](https://mdpi.com/journal/ijerph)





# International Journal of Environmental Research and Public Health

---

an Open Access Journal  
by MDPI

---

CiteScore 8.5  
Indexed in PubMed



[mdpi.com/journal/  
ijerph](https://mdpi.com/journal/ijerph)



## About the Journal

### Message from the Editor-in-Chief

Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Scientific discoveries and advances in this research field play a critical role in providing a rational basis for informed decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards.

*IJERPH* provides a forum for discussion of discoveries and knowledge in these multidisciplinary fields. Please consider publishing your research in this high quality peer-reviewed journal.

---

### Editor-in-Chief

Prof. Dr. Paul B. Tchounwou  
RCMI Center for Urban Health Disparities Research and Innovation,  
Richard N. Dixon Research Center, Morgan State University, Baltimore,  
MD 21251, USA

---

### Author Benefits

#### Open Access:

free for readers, with article processing charges (APC) paid by authors or their institutions.

#### High Visibility:

indexed within Scopus, PubMed, MEDLINE, PMC, Embase, GEOBASE, CAPlus / SciFinder, and other databases.

#### Journal Rank:

CiteScore - Q1 (Public Health, Environmental and Occupational Health)