

## Special Issue

# Mental Health Promotion in the Workplace

### Message from the Guest Editor

This Special Issue "Mental Health Promotion in the Workplace" for the IJERPH, which aims to advance our understanding of mental health promotion in workplace settings by providing a platform for high-quality research in this field. It will cover a range of topics that align with the journal's scope, emphasising interdisciplinary perspectives from psychology, occupational health, human resource management, and organisational behaviour. Themes below are welcomed:

- Examine the effectiveness of workplace mental health initiatives;
- Explore the role of organisational culture in supporting employee well-being;
- Identify best practices for managers and policymakers to foster a mentally healthy work environment;
- Strategies for a successful return to work;
- Strategies for reducing stigma and promoting open discussions on mental health;
- The role of leadership in supporting employee mental well-being;
- The impact of flexible work arrangements on mental health;
- Burnout prevention and stress management strategies;
- The intersection of remote work and mental health challenges;
- Technology and digital interventions for workplace mental health.

### Guest Editor

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### Deadline for manuscript submissions

30 April 2026



## International Journal of Environmental Research and Public Health

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## About the Journal

### Message from the Editor-in-Chief

Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Scientific discoveries and advances in this research field play a critical role in providing a rational basis for informed decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards.

*IJERPH* provides a forum for discussion of discoveries and knowledge in these multidisciplinary fields. Please consider publishing your research in this high quality peer-reviewed journal.

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### Editor-in-Chief

Prof. Dr. Paul R. Ward

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