

## Special Issue

# Mental Health Promotion in the Workplace

### Message from the Guest Editor

This Special Issue "Mental Health Promotion in the Workplace" for the IJERPH, which aims to advance our understanding of mental health promotion in workplace settings by providing a platform for high-quality research in this field. It will cover a range of topics that align with the journal's scope, emphasising interdisciplinary perspectives from psychology, occupational health, human resource management, and organisational behaviour. Themes below are welcomed:

- Examine the effectiveness of workplace mental health initiatives;
- Explore the role of organisational culture in supporting employee well-being;
- Identify best practices for managers and policymakers to foster a mentally healthy work environment;
- Strategies for a successful return to work;
- Strategies for reducing stigma and promoting open discussions on mental health;
- The role of leadership in supporting employee mental well-being;
- The impact of flexible work arrangements on mental health;
- Burnout prevention and stress management strategies;
- The intersection of remote work and mental health challenges;
- Technology and digital interventions for workplace mental health.

---

### Guest Editor

Dr. Giuliana Kadra-Scalzo

Institute of Psychiatry, Psychology and Neuroscience, King's College London, London SE5 8AF, UK

---

### Deadline for manuscript submissions

30 April 2026



# International Journal of Environmental Research and Public Health

---

an Open Access Journal  
by MDPI

---

CiteScore 8.5  
Indexed in PubMed



[mdpi.com/si/233766](https://mdpi.com/si/233766)

*International Journal of Environmental Research and Public Health*  
Editorial Office  
MDPI, Grosspeteranlage 5  
4052 Basel, Switzerland  
Tel: +41 61 683 77 34  
[ijerph@mdpi.com](mailto:ijerph@mdpi.com)

[mdpi.com/journal/  
ijerph](https://mdpi.com/journal/ijerph)





# International Journal of Environmental Research and Public Health

---

an Open Access Journal  
by MDPI

---

CiteScore 8.5  
Indexed in PubMed



[mdpi.com/journal/  
ijerph](http://mdpi.com/journal/ijerph)



## About the Journal

### Message from the Editor-in-Chief

Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Scientific discoveries and advances in this research field play a critical role in providing a rational basis for informed decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards.

*IJERPH* provides a forum for discussion of discoveries and knowledge in these multidisciplinary fields. Please consider publishing your research in this high quality peer-reviewed journal.

---

### Editor-in-Chief

Prof. Dr. Paul R. Ward

Centre for Public Health, Equity and Human Flourishing, Torrens University Australia, Adelaide 5000, Australia

---

### Author Benefits

#### Open Access:

free for readers, with article processing charges (APC) paid by authors or their institutions.

#### High Visibility:

indexed within Scopus, PubMed, MEDLINE, PMC, Embase, GEOBASE, CAPlus / SciFinder, and other databases.

#### Journal Rank:

CiteScore - Q1 (Public Health, Environmental and Occupational Health)