

Special Issue

Treatment of Insomnia and Sleep Disorders

Message from the Guest Editor

Sleep medicine is a fast-growing area of medical practice that involves multiple medical and health professions. This Special Issue is dedicated to emerging digital and virtual methods for diagnosis and treatment of sleep disorders. Many of these new approaches are suitable for use in telemedicine. This Special Issue calls for papers: 1) reporting on the effectiveness, and implementation of wearables in the diagnosis of sleep disorders, 2) contrasting the utility of diverse physiological and kinematic signals for detecting sleep disorders, 3) reporting on the usage of telemedicine methods in the treatment of sleep apnea, insomnia and other sleep disorders, and 4) evaluating diagnostic and therapeutic effectiveness and efficacy of apps and online therapies for sleep disorders.

Guest Editor

Prof. Dr. Antje Büttner-Teleagă

1. Institute of Cognitive Science, Woosuk University, 443 Samnye-ro, Samnye-eup, Wanju-gun, Jeollabuk-do, Republic of Korea
2. Department of Psychiatry, University Witten-Herdecke, 58455 Witten, Germany

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Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland
Tel: +41 61 683 77 34
ijerph@mdpi.com

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Message from the Editor-in-Chief

Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Scientific discoveries and advances in this research field play a critical role in providing a rational basis for informed decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards.

IJERPH provides a forum for discussion of discoveries and knowledge in these multidisciplinary fields. Please consider publishing your research in this high quality peer-reviewed journal.

Editor-in-Chief

Prof. Dr. Paul R. Ward

Centre for Public Health, Equity and Human Flourishing, Torrens
University Australia, Adelaide 5000, Australia

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