

## Special Issue

# Individualized Bio- Psycho-Social Interventions for Youth with Mental Disorders

### Message from the Guest Editors

There is a need for coordinated and multidisciplinary efforts in psychiatry to improve knowledge on individualized psychological treatment for young people. Psychotherapy works for the most frequent mental disorders in youth such as anxiety and depression.

50% of lifetime mental health disorders start by the age of 14, and the number increases to 75% by the age of 24. Mental disorders in youth are associated with direct and indirect costs including personal distress, costs to family and friends, high healthcare costs, barriers to employment and job performance, poverty and economic deprivation and social exclusion.

This special issue invites papers that identifies putative specific markers and mechanisms of change in different psychotherapy modalities, psychotherapy process and treatment measures, and study designs, as well as protocol papers, and papers reviewing the state of the art in the field. Also papers focusing on cost-effectiveness of psychological and social interventions as well as papers integrating a neuroscientific approach and a bio-psychosomatic view are invited.

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### Guest Editors

Prof. Dr. Randi Ulberg

Dr. Henriette Löffler-Stastka

Prof. Dr. Jan Ivar Røssberg

Dr. Andrea Saliba

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### Deadline for manuscript submissions

closed (30 September 2022)



## International Journal of Environmental Research and Public Health

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## About the Journal

### Message from the Editor-in-Chief

Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Scientific discoveries and advances in this research field play a critical role in providing a rational basis for informed decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards.

*IJERPH* provides a forum for discussion of discoveries and knowledge in these multidisciplinary fields. Please consider publishing your research in this high quality peer-reviewed journal.

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### Editor-in-Chief

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