

Special Issue

Injury Prevention and Musculoskeletal Rehabilitation

Message from the Guest Editor

Sport, as with any physical activity, has important benefits for health at the physical, psychological and societal levels. However, sports-related injuries are negative consequences of sports that can impair such benefits and require rehabilitation to allow for a return to sports and to reduce the risk of recurrence. In addition, sports-related injuries are associated with lower sports performance. Consequently, to reduce the occurrence of sports-related injuries and to improve recovery and help the return to sports is a major challenge for athletes and all stakeholders concerning them. Knowledge should continue to be improved on these topics, which include but are not limited to, information on sports-related injury epidemiology, risk factors, mechanisms, rehabilitation, risk reduction and management, with a multifactorial approach to meet the multifactorial nature of sports-related injuries. Papers addressing these topics are invited for this Special Issue, especially those combining a high academic standard coupled with a practical focus on sports injury prevention and musculoskeletal rehabilitation.

Guest Editor

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Deadline for manuscript submissions

closed (1 February 2023)



International Journal of Environmental Research and Public Health

an Open Access Journal
by MDPI

CiteScore 8.5
Indexed in PubMed



mdpi.com/si/95756

*International Journal of
Environmental Research and
Public Health*
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Message from the Editor-in-Chief

Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Scientific discoveries and advances in this research field play a critical role in providing a rational basis for informed decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards.

IJERPH provides a forum for discussion of discoveries and knowledge in these multidisciplinary fields. Please consider publishing your research in this high quality peer-reviewed journal.

Editor-in-Chief

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