

Special Issue

The Effects of Financial Behavior and Health Insurance in Physical and Mental Health

Message from the Guest Editors

A high level of indebtedness can lead to insolvency; this in turn generates stress, which affects people's mental and physical health. Likewise, investment in high-risk financial products generates uncertainty regarding the results, which may affect stress levels depending on the investor's degree of subjective risk tolerance. Health insurance is not only a protection mechanism for health, but also for family finance. In this sense, the security offered by private health insurance can lead to risky financial decisions that allow for better returns, and such protection facilitates the availability of resources for riskier financial investments. Likewise, analysis of gender and age, as well as the national culture, as possible moderators of the relationships between financial behavior and health is of particular interest. This Special Issue seeks contributions on the linkages between three areas: financial behavior, health status and health insurance. Papers relating to these areas could make a remarkable contribution to health economics, linking aspects such as debt, financial risk taking or financial resilience with health insurance and physical and mental health status.

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Deadline for manuscript submissions

closed (31 July 2023)



International Journal of Environmental Research and Public Health

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by MDPI

CiteScore 8.5
Indexed in PubMed



mdpi.com/si/132272

*International Journal of
Environmental Research and
Public Health*
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Message from the Editor-in-Chief

Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Scientific discoveries and advances in this research field play a critical role in providing a rational basis for informed decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards.

IJERPH provides a forum for discussion of discoveries and knowledge in these multidisciplinary fields. Please consider publishing your research in this high quality peer-reviewed journal.

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