

Special Issue

Dietary Intake and Nutritional Support for Patients with Chronic Diseases

Message from the Guest Editor

Numerous studies have proven that incorrect eating behavior is a risk factor for the development of a number of diseases, including cardiovascular diseases, obesity, diabetes, insulin resistance as well as cancer.

Modifying eating behavior is crucial both in the prevention and treatment of chronic diseases. It is well known that dietary interventions effectively support the treatment of diseases such as hypertension or type II diabetes, and in many cases may even replace pharmacotherapy. To date, the best-documented models of nutrition with a broad therapeutic spectrum are the Mediterranean diet and Dietary Approaches to Stop Hypertension (DASH). Although the preventive and therapeutic potential is best demonstrated by studies on the influence of holistic dietary regimens, the role of selected food products and biologically active food ingredients are also invaluable.

We invite you to share the results of your research and opinions on the impact of food ingredients or overall nutritional regimens on the development, prevention, and treatment of chronic diseases in the Special Issue "Dietary Intake and Nutritional Support for Patients with Chronic Diseases".

Guest Editor

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About the Journal

Message from the Editor-in-Chief

Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Scientific discoveries and advances in this research field play a critical role in providing a rational basis for informed decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards.

IJERPH provides a forum for discussion of discoveries and knowledge in these multidisciplinary fields. Please consider publishing your research in this high quality peer-reviewed journal.

Editor-in-Chief

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