

Special Issue

Health Literacy, Patient Empowerment and Preventive Medicine

Message from the Guest Editors

The MeSH term “health literacy” was only introduced in 2010 in PubMed. Health literacy is defined as the degree to which patients can obtain, process, and understand the basic health information and services needed to make the most appropriate choices about their care.

The aim is not only to teach patients about health issues but also to encourage them to develop attitudes and skills that will facilitate reasoned decision making.

Although it is important to improve a patient’s adherence to medications from the curative perspective, this approach is far more relevant in preventive medicine, where the options of today will have a great impact on the future, for good and for bad. The empowerment of patients is crucial, and the way to achieve it is the object of research. The aim of this Special Issue is to assemble a set of articles that discuss the ways in which we may improve health literacy in patients, applying health strategies designed for the population to the individual. Original articles, significant case reports, and comprehensive reviews are welcome.

Guest Editors

Dr. Paulo Santos

Prof. Dr. Inês Rosendo

Dr. Daniel Beirão

Deadline for manuscript submissions

closed (26 February 2021)



International Journal of Environmental Research and Public Health

an Open Access Journal
by MDPI

CiteScore 8.5
Indexed in PubMed



mdpi.com/si/41788

*International Journal of
Environmental Research and
Public Health*

Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland
Tel: +41 61 683 77 34
ijerph@mdpi.com

mdpi.com/journal/

ijerph





International Journal of Environmental Research and Public Health

an Open Access Journal
by MDPI

CiteScore 8.5
Indexed in PubMed



[mdpi.com/journal/
ijerph](https://mdpi.com/journal/ijerph)



About the Journal

Message from the Editor-in-Chief

Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Scientific discoveries and advances in this research field play a critical role in providing a rational basis for informed decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards.

IJERPH provides a forum for discussion of discoveries and knowledge in these multidisciplinary fields. Please consider publishing your research in this high quality peer-reviewed journal.

Editor-in-Chief

Prof. Dr. Paul B. Tchounwou
RCMI Center for Urban Health Disparities Research and Innovation,
Richard N. Dixon Research Center, Morgan State University, Baltimore,
MD 21251, USA

Author Benefits

Open Access:

free for readers, with article processing charges (APC) paid by authors or their institutions.

High Visibility:

indexed within Scopus, PubMed, MEDLINE, PMC, Embase, GEOBASE, CAPlus / SciFinder, and other databases.

Journal Rank:

CiteScore - Q1 (Public Health, Environmental and Occupational Health)