

Special Issue

Public Health Policies to Promote Physical Activity Among People with Disabilities and Clinical Conditions

Message from the Guest Editor

The purpose of this Special Issue is to examine public health policies for the promotion of physical activity among people with disabilities and clinical populations, including individuals with physical and mental disabilities, metabolic conditions, and autoimmune diseases. Such policies include the provision of access to fitness centers, parks, and recreational facilities; the identification of adaptive, enjoyable, and effective exercise programs; and the mobilization of advocacy groups and organizations to provide resources for joyful, long-term participation in physical activity. Although exercise has numerous benefits among people with disabilities, overall, this population remains less active than their non-disabled peers. Identifying evidence-based and practical ways of increasing enjoyable and long-lasting exercise participation among people with disabilities is critical for promoting a healthy and balanced society. A variety of research designs are welcome to be submitted to this Special Issue, including experimental and observational studies, qualitative research, systematic reviews and meta-analyses, concept-based papers, and brief reports.

Guest Editor

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Message from the Editor-in-Chief

Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Scientific discoveries and advances in this research field play a critical role in providing a rational basis for informed decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards.

IJERPH provides a forum for discussion of discoveries and knowledge in these multidisciplinary fields. Please consider publishing your research in this high quality peer-reviewed journal.

Editor-in-Chief

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