# **Special Issue**

# Sustainable Nutrition: Bridging Food Systems, Climate Change, and Human Health

# Message from the Guest Editors

Sustainable food systems are crucial for both human health and climate change mitigation. Sustainable diets offer potential health benefits and environmental advantages. These diets can lead to lower greenhouse gas emissions and potential reductions in diet-related non-communicable diseases. Promoting sustainable food systems requires addressing challenges such as population growth, urbanisation, and the need for climate-friendly agriculture, place-based food procurement, and shorter supply chains. Integrating food consumption and nutrition considerations into climate adaptation and mitigation planning is essential for developing sustainable food systems that benefit both human health and the planet. Urgent action is needed to measure and address the complex interactions between food systems, climate change, and human health. This Special Issue will accept manuscripts on sustainable nutrition practice, policy, and research, exploring a wide range of topics and disciplines, such as epidemiology, public health, nutrition, agroecology, food science, behavioural sciences, social sciences, demography, economic evaluation, policy analysis, advocacy, and professional development.

## **Guest Editors**

Prof. Dr. Amanda Rodrigues Amorim Adegboye

Dr. Maria Beatriz Trindade De Castro

Dr. Marija Knez

# Deadline for manuscript submissions

31 December 2025



# International Journal of Environmental Research and Public Health

an Open Access Journal by MDPI

CiteScore 8.5
Indexed in PubMed



mdpi.com/si/224140

International Journal of Environmental Research and Public Health Editorial Office MDPI, Grosspeteranlage 5 4052 Basel, Switzerland Tel: +41 61 683 77 34 iierph@mdoi.com

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# Message from the Editor-in-Chief

Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Scientific discoveries and advances in this research field play a critical role in providing a rational basis for informed decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards.

*IJERPH* provides a forum for discussion of discoveries and knowledge in these multidisciplinary fields. Please consider publishing your research in this high quality peer-reviewed journal.

# Editor-in-Chief

Prof. Dr. Paul B. Tchounwou

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