

## Special Issue

# Psychological Wellbeing, Mental Health and Problematic Internet Use Among Adolescents

### Message from the Guest Editor

Recent studies show that Internet consumption accelerated during and after the COVID-19 pandemic. Problematic Internet Use (PIU) has been defined as a generalized and compulsive use of the Internet that has different consequences on mental health and well-being. PIU happens when a person uses the Internet for long periods of time, mostly for activities not related to work or study. This inability to disconnect affects the individual at different levels, including school, family, and social relationships. In addition, the impact of PIU on mental health has been studied, and it has been documented that PIU is related to an increase in depression, anxiety, attention deficit and hyperactivity disorder, and substance use disorders, among others. Although PIU has received increasing clinical attention from researchers, it has not yet been recognized by diagnostic classification systems, and more research is still needed to further understand the impact of this phenomenon on psychological well-being and mental health, specifically at a critical developmental stage like adolescence.

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### Guest Editor

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Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Scientific discoveries and advances in this research field play a critical role in providing a rational basis for informed decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards.

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