

Special Issue

Goal-Setting in Rehabilitation

Message from the Guest Editors

With the increasing need for client-centered practice, goal-setting has gained more attention in a rehabilitation setting. Participating in goal setting has been associated with clients having higher satisfaction with service delivery, higher motivation for therapy, and a greater sense of ownership of their rehabilitation programs. This, in turn, leads clients to have a greater sense of control over their health condition.

Rehabilitation goals are unique for each individual client. When describing an approach to goal selection, consideration needs to be given to who is involved in selecting goals; how goals are identified and prioritized; the recommended characteristics of the actual goals; how goals are written. The goal-setting process remains complex and the strategies need to be further developed. This Special Issue intends to provide an overview of the most recent advances in goal setting research and practice in a rehabilitation setting. We welcome the submission of original research articles, systematic or scoping reviews, and case studies targeting any of these core research questions.

Guest Editors

Dr. Kounosuke Tomori

Prof. Dr. William Levack

Prof. Dr. Kayoko Takahashi

Deadline for manuscript submissions

closed (31 May 2023)



International Journal of Environmental Research and Public Health

an Open Access Journal
by MDPI

CiteScore 8.5
Indexed in PubMed



mdpi.com/si/78633

*International Journal of
Environmental Research and
Public Health*
Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland
Tel: +41 61 683 77 34
ijerph@mdpi.com

[mdpi.com/journal/
ijerph](https://mdpi.com/journal/ijerph)





International Journal of Environmental Research and Public Health

an Open Access Journal
by MDPI

CiteScore 8.5
Indexed in PubMed



[mdpi.com/journal/
ijerph](https://mdpi.com/journal/ijerph)



About the Journal

Message from the Editor-in-Chief

Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Scientific discoveries and advances in this research field play a critical role in providing a rational basis for informed decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards.

IJERPH provides a forum for discussion of discoveries and knowledge in these multidisciplinary fields. Please consider publishing your research in this high quality peer-reviewed journal.

Editor-in-Chief

Prof. Dr. Paul B. Tchounwou

RCMI Center for Urban Health Disparities Research and Innovation,
Richard N. Dixon Research Center, Morgan State University, Baltimore,
MD 21251, USA

Author Benefits

Open Access:

free for readers, with article processing charges (APC) paid by authors or their institutions.

High Visibility:

indexed within Scopus, PubMed, MEDLINE, PMC, Embase, GEOBASE, CAPlus / SciFinder, and other databases.

Journal Rank:

CiteScore - Q1 (Public Health, Environmental and Occupational Health)