# **Special Issue**

# **Goal-Setting in Rehabilitation**

# Message from the Guest Editors

With the increasing need for client-centered practice, goal-setting has gained more attention in a rehabilitation setting. Participating in goal setting has been associated with clients having higher satisfaction with service delivery, higher motivation for therapy, and a greater sense of ownership of their rehabilitation programs. This, in turn, leads clients to have a greater sense of control over their health condition. Rehabilitation goals are unique for each individual client. When describing an approach to goal selection, consideration needs to be given to who is involved in selecting goals; how goals are identified and prioritized; the recommended characteristics of the actual goals: how goals are written. The goal-setting process remains complex and the strategies need to be further developed. This Special Issue intends to provide an overview of the most recent advances in goal setting research and practice in a rehabilitation setting. We welcome the submission of original research articles, systematic or scoping reviews, and case studies targeting any of these core research questions.

# **Guest Editors**

Dr. Kounosuke Tomori

Prof. Dr. William Levack

Prof. Dr. Kayoko Takahashi

# Deadline for manuscript submissions

closed (31 May 2023)



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# Editor-in-Chief

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