

Special Issue

Fitness Assessment, Athlete's Monitoring Cycle and Training Interventions in Team Sports

Message from the Guest Editors

The aim of the Special Issue on "Fitness Assessment, Athlete's Monitoring Cycle and Training Interventions in Team Sports" is to publish high-quality original investigations, systematic reviews, and meta-analysis in the research field of team sports. We look forward to receiving contributions related (but not limited) to the following topics:

- performance assessment and relationships between fitness measures;
- training load monitoring, well-being, and readiness in team sports;
- training interventions;
- complementary strategies for performance (e.g., nutrition, supplementation, psychology, injury preventions, recovery); and
- determinants of illness and injuries in players. We welcome papers related to evidence of successful intervention strategies. All manuscripts will be peer-reviewed by experts in the field.

Guest Editors

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Deadline for manuscript submissions

closed (30 March 2021)



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About the Journal

Message from the Editor-in-Chief

Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Scientific discoveries and advances in this research field play a critical role in providing a rational basis for informed decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards.

IJERPH provides a forum for discussion of discoveries and knowledge in these multidisciplinary fields. Please consider publishing your research in this high quality peer-reviewed journal.

Editor-in-Chief

Prof. Dr. Paul B. Tchounwou

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