

## Special Issue

# Advances in Sports Medicine: Exercise and Training for Injury Prevention

### Message from the Guest Editor

This Special Issue of the *International Journal of Environmental Research and Public Health* aims to foster a multidisciplinary discussion on up-to-date scientific data in this area, and therefore, we invite authors to submit original research or specific reviews that can improve the understanding of sports science and sports medicine. The scope of the Special Issue includes basic or applied sports sciences related to keywords below, such as exercise and training for improvement of sports performance and injury prevention. We invite original research or specific reviews on sports science and sports medicine that bridges the gap between theory and practice. Given a sufficient sample size, even negative results about exercise and training for injury prevention are considered worthy of the publication in this Special Issue.

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### Guest Editor

Dr. Norihiro Shima

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### Deadline for manuscript submissions

closed (31 December 2024)



## International Journal of Environmental Research and Public Health

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## About the Journal

### Message from the Editor-in-Chief

Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Scientific discoveries and advances in this research field play a critical role in providing a rational basis for informed decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards.

*IJERPH* provides a forum for discussion of discoveries and knowledge in these multidisciplinary fields. Please consider publishing your research in this high quality peer-reviewed journal.

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### Editor-in-Chief

Prof. Dr. Paul R. Ward

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