

## Special Issue

# New Advances in Physical Exercise Prescription for the Young and Adults

### Message from the Guest Editors

This Special Issue is open to reviews, descriptive or experimental studies, cross-sectional, longitudinal and intervention studies that provide new knowledge. Methodological proposals related to the prescription of physical exercise, physical education, training, physical activity, and sport, from different areas, such as education, physiology, psychology, sociology, rehabilitation, and training, in order to collect the latest research in these areas.

### Guest Editors

Prof. Dr. Juan Gavala-González

Dr. Ismael Gálvez Fernández

Dr. Pere Mercadé Melé

### Deadline for manuscript submissions

closed (30 May 2023)



## International Journal of Environmental Research and Public Health

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### Message from the Editor-in-Chief

Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Scientific discoveries and advances in this research field play a critical role in providing a rational basis for informed decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards.

*IJERPH* provides a forum for discussion of discoveries and knowledge in these multidisciplinary fields. Please consider publishing your research in this high quality peer-reviewed journal.

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### Editor-in-Chief

Prof. Dr. Paul R. Ward

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