

Special Issue

Adherence to Physical Exercise in Patients with Chronic Diseases

Message from the Guest Editors

In recent years, numerous experimental studies have shown that physical exercise programs developed specifically for patients with chronic pathologies have been very effective in increasing the functions and quality of life for those who suffer from them. However, ensuring adherence to physical exercise practice beyond the completion of these experiments remains a challenge. In this situation, the Network of Adherence to Physical Exercise in Patients with Chronic Diseases has been established, with the aim of disseminating relevant knowledge in three ways, namely teaching, research, and transfer. This Special Issue is presented as part of this network and serves as a research space for solving problems that affect all sectors—educational, economic, health, political, etc.—and creating responses from the scientific field that can be applied in society.

Guest Editors

Prof. Dr. Diana Amado Alonso

Prof. Dr. Miguel Fernández Del Olmo

Prof. Dr. Fernando Del Villar Álvarez

Dr. Daniel Collado Mateo

Deadline for manuscript submissions

closed (23 December 2021)



International Journal of Environmental Research and Public Health

an Open Access Journal
by MDPI

CiteScore 8.5
Indexed in PubMed



mdpi.com/si/48057

*International Journal of
Environmental Research and
Public Health*

Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland
Tel: +41 61 683 77 34
ijerph@mdpi.com

[mdpi.com/journal/
ijerph](https://mdpi.com/journal/ijerph)





International Journal of Environmental Research and Public Health

an Open Access Journal
by MDPI

CiteScore 8.5
Indexed in PubMed



[mdpi.com/journal/
ijerph](https://mdpi.com/journal/ijerph)



About the Journal

Message from the Editor-in-Chief

Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Scientific discoveries and advances in this research field play a critical role in providing a rational basis for informed decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards.

IJERPH provides a forum for discussion of discoveries and knowledge in these multidisciplinary fields. Please consider publishing your research in this high quality peer-reviewed journal.

Editor-in-Chief

Prof. Dr. Paul B. Tchounwou
RCMI Center for Urban Health Disparities Research and Innovation,
Richard N. Dixon Research Center, Morgan State University, Baltimore,
MD 21251, USA

Author Benefits

Open Access:

free for readers, with article processing charges (APC) paid by authors or their institutions.

High Visibility:

indexed within Scopus, PubMed, MEDLINE, PMC, Embase, GEOBASE, CAPlus / SciFinder, and other databases.

Journal Rank:

CiteScore - Q1 (Public Health, Environmental and Occupational Health)