

## Special Issue

# Better Nutrition for Maternal and Child Health

### Message from the Guest Editor

Nutrition in early life plays a crucial role in long-term health outcomes. Therefore, having a healthy maternal and early childhood nutrition status is an important indicator of a country's health. Nutritional status does not only depend on the availability of food; diseases such as HIV have a direct effect on maternal and child nutritional status, leading to more health problems. Further, household food security and choices have an impact on nutrition, indirectly affecting maternal and child health. Aside from not getting adequate nutrients, mothers' and children's nutritional status is affected by under or over-consumption of calories, which can lead to short- and long-term health problems. This special issue on "Better Nutrition for Maternal and Child Health" aims to collect original research papers written by international researchers on novel topics related to nutrition, maternal and child health. Original research papers, reviews, meta-analyses, clinical studies and case reports addressing the above title are invited for this special issue.

### Guest Editor

Dr. Nilakshi Waidyatillake

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### Deadline for manuscript submissions

closed (15 April 2023)



## International Journal of Environmental Research and Public Health

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## About the Journal

### Message from the Editor-in-Chief

Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Scientific discoveries and advances in this research field play a critical role in providing a rational basis for informed decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards.

*IJERPH* provides a forum for discussion of discoveries and knowledge in these multidisciplinary fields. Please consider publishing your research in this high quality peer-reviewed journal.

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### Editor-in-Chief

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