

Special Issue

Dietary Patterns in Prevention and Treatment of Diet-Related Diseases

Message from the Guest Editors

In this Special Issue, we would like to give readers valuable insights into dietary patterns related to the prevention and treatment of diet-related diseases. The guest editors would like to invite original research and reviews (systematic reviews and meta-analyses) on the following topics: Consumer motivations, perception and selection of food products, and resulting dietary patterns; Determinants of dietary patterns in the 21st century and in the period of the global COVID-19 pandemic; Effects of dietary patterns on physical, mental, or social health outcomes; Dietary patterns for prevention and treatment of diet-related diseases; Lifestyle strategies to promote beneficial dietary patterns from childhood to elderly age; Dietary patterns based nutritional recommendations and dietary guidelines as strategies in diet-related disease prevention and treatment; Current nutritional trends and related dietary patterns (Mediterranean diet, plant-based diet, sustainable diet, paleo diet, ketogenic diet, zero-waste lifestyle) as factors influencing human health. Other topics within the scope are also welcome.

Guest Editors

Dr. Aleksandra Kołota
Prof. Dr. Dominika Głąbska
Prof. Dr. Dominika Guzek

Deadline for manuscript submissions

closed (31 December 2022)



International Journal of Environmental Research and Public Health

an Open Access Journal
by MDPI

CiteScore 9.8
Indexed in PubMed



mdpi.com/si/111847

*International Journal of
Environmental Research and
Public Health*
Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland
Tel: +41 61 683 77 34
ijerph@mdpi.com

mdpi.com/journal/

ijerph





International Journal of Environmental Research and Public Health

an Open Access Journal
by MDPI

CiteScore 9.8
Indexed in PubMed



[mdpi.com/journal/
ijerph](https://mdpi.com/journal/ijerph)



About the Journal

Message from the Editor-in-Chief

Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Scientific discoveries and advances in this research field play a critical role in providing a rational basis for informed decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards.

IJERPH provides a forum for discussion of discoveries and knowledge in these multidisciplinary fields. Please consider publishing your research in this high quality peer-reviewed journal.

Editor-in-Chief

Prof. Dr. Paul R. Ward

School of Society and Culture, Adelaide University, Adelaide 5001,
Australia

Author Benefits

Open Access:

free for readers, with article processing charges (APC) paid by authors or their institutions.

High Visibility:

indexed within Scopus, PubMed, MEDLINE, PMC, Embase, GEOBASE, CAPlus / SciFinder, and other databases.

Journal Rank:

CiteScore - Q1 (Public Health, Environmental and Occupational Health)