

## Special Issue

# Dietary Patterns in Prevention and Treatment of Diet-Related Diseases

### Message from the Guest Editors

In this Special Issue, we would like to give readers valuable insights into dietary patterns related to the prevention and treatment of diet-related diseases. The guest editors would like to invite original research and reviews (systematic reviews and meta-analyses) on the following topics: Consumer motivations, perception and selection of food products, and resulting dietary patterns; Determinants of dietary patterns in the 21st century and in the period of the global COVID-19 pandemic; Effects of dietary patterns on physical, mental, or social health outcomes; Dietary patterns for prevention and treatment of diet-related diseases; Lifestyle strategies to promote beneficial dietary patterns from childhood to elderly age; Dietary patterns based nutritional recommendations and dietary guidelines as strategies in diet-related disease prevention and treatment; Current nutritional trends and related dietary patterns (Mediterranean diet, plant-based diet, sustainable diet, paleo diet, ketogenic diet, zero-waste lifestyle) as factors influencing human health. Other topics within the scope are also welcome.

### Guest Editors

Dr. Aleksandra Kołota

Prof. Dr. Dominika Głąbska

Prof. Dr. Dominika Guzek

### Deadline for manuscript submissions

closed (31 December 2022)



## International Journal of Environmental Research and Public Health

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CiteScore 8.5  
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*International Journal of  
Environmental Research and  
Public Health*  
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## About the Journal

### Message from the Editor-in-Chief

Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Scientific discoveries and advances in this research field play a critical role in providing a rational basis for informed decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards.

*IJERPH* provides a forum for discussion of discoveries and knowledge in these multidisciplinary fields. Please consider publishing your research in this high quality peer-reviewed journal.

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### Editor-in-Chief

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