Special Issue

Exercise in Living Environments: A Healthy Lifestyle

Message from the Guest Editor

The articles featured in this Special Issue delve into topics such as the impact of built environments on physical activity levels, the role of technology in facilitating active living, and the importance of designing inclusive spaces that encourage movement for all individuals. It is our hope that this collection will inspire further research, spark innovative ideas, and inform policies aimed at creating environments that support and encourage active lifestyles.

Guest Editor

Dr. Yongsuk Seo

Exercise Physiology Laboratory, Kookmin University, Seoul 02707, Republic of Korea

Deadline for manuscript submissions

28 February 2026



International Journal of Environmental Research and Public Health

an Open Access Journal by MDPI

CiteScore 8.5
Indexed in PubMed



mdpi.com/si/198959

International Journal of Environmental Research and Public Health Editorial Office MDPI, Grosspeteranlage 5 4052 Basel, Switzerland Tel: +41 61 683 77 34 ijerph@mdoi.com

mdpi.com/journal/ ijerph





International Journal of Environmental Research and Public Health

an Open Access Journal by MDPI

CiteScore 8.5
Indexed in PubMed





About the Journal

Message from the Editor-in-Chief

Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Scientific discoveries and advances in this research field play a critical role in providing a rational basis for informed decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards.

IJERPH provides a forum for discussion of discoveries and knowledge in these multidisciplinary fields. Please consider publishing your research in this high quality peer-reviewed journal.

Editor-in-Chief

Prof. Dr. Paul R. Ward

Centre for Public Health, Equity and Human Flourishing, Torrens University Australia, Adelaide 5000, Australia

Author Benefits

Open Access:

free for readers, with article processing charges (APC) paid by authors or their institutions.

High Visibility:

indexed within Scopus, PubMed, MEDLINE, PMC, Embase, GEOBASE, CAPlus / SciFinder, and other databases.

Journal Rank:

CiteScore - Q1 (Public Health, Environmental and Occupational Health)