

Special Issue

The Impact of Clinical Exercise Physiologists on Health and Wellbeing

Message from the Guest Editor

The clinical exercise physiologist is an allied health profession that uses structured, evidence-based, and supervised exercise to treat patients with a wide range of long-term medical conditions. The health gains for many patients are hugely significant. It is important to ensure that clinical exercise physiologists are applying the best practice to those with chronic conditions that enables patients to have a significant shift in improving and managing their health. This editorial will examine exercise as an important aspect of staying well and managing individuals' health and well-being. Important articles in this area will address the cost-benefit of services that clinical exercise physiologists may offer.

Guest Editor

Dr. Lynette Hodges

School of Sport, Exercise and Nutrition, Massey University, Palmerston North 4442, New Zealand

Deadline for manuscript submissions

closed (28 February 2021)



International Journal of Environmental Research and Public Health

an Open Access Journal
by MDPI

CiteScore 8.5
Indexed in PubMed



mdpi.com/si/37294

*International Journal of
Environmental Research and
Public Health*

Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland
Tel: +41 61 683 77 34
ijerph@mdpi.com

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Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Scientific discoveries and advances in this research field play a critical role in providing a rational basis for informed decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards.

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Prof. Dr. Paul B. Tchounwou
RCMI Center for Urban Health Disparities Research and Innovation,
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MD 21251, USA

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