

Special Issue

Risk for Chronic Stress Responses: Physical, Psychological, Behavioral Symptoms, Flexibility or Inflexibility

Message from the Guest Editor

we welcome your submission paper regarding the relationships between inflexibility/perseveration—lower levels of coping flexibility, cognitive flexibility, emotion regulatory flexibility, psychological flexibility, and autonomic flexibility, deficits of inhibition or shifting, and rumination—and chronic stress responses. Chronic stress responses are not limited to depression and include physical, psychological, and behavioral symptoms. We also welcome paper on measurements of inflexibility or perseveration and the association between concepts of inflexibility or perseveration. recent studies have provided evidence that each concept on inflexibility or perseveration lead to chronic stress responses, especially depression, which is characterized by highly recurrent disorder or illness and is preceded by chronic stressors. **Key Words:** Chronic stress; Cognitive flexibility; Coping flexibility; Depression; Emotion regulatory flexibility; Inhibition; Perseveration; Psychological inflexibility; Rumination, Shifting

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About the Journal

Message from the Editor-in-Chief

Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Scientific discoveries and advances in this research field play a critical role in providing a rational basis for informed decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards.

IJERPH provides a forum for discussion of discoveries and knowledge in these multidisciplinary fields. Please consider publishing your research in this high quality peer-reviewed journal.

Editor-in-Chief

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