

Special Issue

COVID-19 Pandemic and Children's Psychophysical Health: Issues and Challenges Ahead

Message from the Guest Editors

The Covid-19 epidemic has forcibly overshadowed the psychophysical well-being of children and adolescents, whose consequences will manifest in the near future. Measures aimed at limiting Sars-CoV-2 widespread, primarily the long lock-down periods with the closure of schools, business and recreational activities, have determined the discontinuity of the traditional "in presence education", replaced by online learning, and the reduction of physical activity. An increasing number of studies have reported the abandon of healthy habits (i.e. regular physical activity, healthy diet, in presence social activities), while favouring unhealthy lifestyles, smoking and drug addiction and social isolation. Aim of this special issue is to collect original studies and reviews focusing on the middle/long term consequences that restrictive measures adopted during the ongoing COVID-19 epidemics could have on children and adolescents psychophysical health.

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Message from the Editor-in-Chief

Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Scientific discoveries and advances in this research field play a critical role in providing a rational basis for informed decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards.

IJERPH provides a forum for discussion of discoveries and knowledge in these multidisciplinary fields. Please consider publishing your research in this high quality peer-reviewed journal.

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