

Special Issue

Current and Future Strategies in Telerehabilitation for Cardiac Patients

Message from the Guest Editor

The use of technology in healthcare has been increasing over the past decade. As a result, telerehabilitation is becoming a new promising format for rehabilitation. In cardiovascular disease (CVD), rehabilitation is a key factor in reducing mortality rates and improving the overall course of CVD. However, a large group of patients decline participation and therefore do not benefit from the possible advantages of rehabilitation. Barriers to participation, such as having to travel long distances, or rehabilitation being offered during working hours, may be overcome by implementing telerehabilitation in CVD. Although telerehabilitation is increasingly implemented in CVD, the research is fragmented and sparse. This Special Issue welcomes studies or reviews of various telerehabilitation formats. We are particularly interested in studies (i) addressing how telerehabilitation aims to overcome participation and adherence barriers, (ii) comparing conventional rehabilitation to telerehabilitation, or (iii) focusing on how telerehabilitation may expand our understanding of what telerehabilitation could entail.

Guest Editor

Dr. Helle Spindler

Department of Psychology and Behavioral Sciences, Aarhus University, 8000 Aarhus, Denmark

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Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland
Tel: +41 61 683 77 34
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Message from the Editor-in-Chief

Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Scientific discoveries and advances in this research field play a critical role in providing a rational basis for informed decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards.

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Prof. Dr. Paul B. Tchounwou
RCMI Center for Urban Health Disparities Research and Innovation,
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MD 21251, USA

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