# **Special Issue**

# **Exercise for Brain Health in Autism: A Promising Direction**

# Message from the Guest Editor

This research topic, "Exercise for Brain Health in Autism: A Promising Direction", determines the link between recreational activity, rehabilitation, brain activity, and cognitive training in the population with autism spectrum disorders. Potential topics include, but are not limited to, the following: Recreational activity as a benefit for brain health in the population with autism spectrum disorders; Optimization of rehabilitation process by:

- Investigating cognitive functions and brain activity;
- Investigating muscle and tendon mechanical (viscoelastic), morphological, and architectonic properties.

# **Guest Editor**

Dr. Adam Kawczynski

Department of Paralympics Sports, University School of Physical Education, 51-612 Wrocław, Poland

#### Deadline for manuscript submissions

closed (31 October 2021)



# International Journal of Environmental Research and Public Health

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# mdpi.com/si/64631

International Journal of Environmental Research and Public Health Editorial Office MDPI, Grosspeteranlage 5 4052 Basel, Switzerland Tel: +41 61 683 77 34 iierph@mdoi.com

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# Message from the Editor-in-Chief

Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Scientific discoveries and advances in this research field play a critical role in providing a rational basis for informed decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards.

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## **Editor-in-Chief**

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