

Special Issue

Body Composition, Performance and Health among Young Athletes

Message from the Guest Editors

The study of body composition is experiencing increased attention and interest in the scientific community. Our bodies are made up from various different tissues. Therefore, research projects should be led by both the purpose and the methodology used to assess body composition. A current topic of research interest includes the assessment of body composition in young athletes: performance, health and state of maturation are correlated on the basis of the existing relationship with the specific body compartments analyzed.

The purpose of this collection of research is to contribute information regarding:

- The effect of body composition on health and performance during youth;
- The relationship between body composition and state of maturity;
- The effect of sport on body composition and on the state of maturation.

Guest Editors

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Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Scientific discoveries and advances in this research field play a critical role in providing a rational basis for informed decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards.

IJERPH provides a forum for discussion of discoveries and knowledge in these multidisciplinary fields. Please consider publishing your research in this high quality peer-reviewed journal.

Editor-in-Chief

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