

Special Issue

Comprehensive Back Health Education: Teaching and Learning

Message from the Guest Editors

The European guidelines for LBP prevention based on scientific studies and recent review studies conclude that there is insufficient evidence to recommend a generalized educational intervention in school-age children, but state that development of preventive programs and risk factor modification would be a positive move. So, we can say that there is a wide consensus on the need to address back health problems at early ages from an educational context. Comprehensive back health education interventions should focus on improving back health awareness and developing healthy habits through motivating activities. This Special Issue aims to show an analysis of the current state of educational interventions for the care and improvement of back health. In addition, it seeks to select the most important research studies on interventions under development, to point out the most effective models and methodological strategies in diverse educational contexts, as well as to point out the needs, challenges and future lines of research. In this Special Issue, we invite you to share your work on back health education in children and adolescents.

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Message from the Editor-in-Chief

Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Scientific discoveries and advances in this research field play a critical role in providing a rational basis for informed decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards.

IJERPH provides a forum for discussion of discoveries and knowledge in these multidisciplinary fields. Please consider publishing your research in this high quality peer-reviewed journal.

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