

Special Issue

Occupational Burnout and Workplace Well-Being: Prevention, Detection, Assessment and Intervention Strategies

Message from the Guest Editors

While burnout has received substantial empirical and theoretical attention in high-income countries, questions remain about how well prevailing models, measures, and interventions capture the realities of diverse occupational contexts. Work environments marked by informal or insecure employment, limited occupational health infrastructure, chronic understaffing, and exposure to wider social stressors require approaches that are sensitive to local realities and systemic conditions. This special issue seeks to advance contextually grounded scholarship on occupational burnout and workplace well-being, with a focus on prevention, early identification, and intervention. We invite contributions that critically examine the applicability of existing burnout frameworks, develop or validate assessment tools that are culturally and contextually appropriate, and evaluate interventions at individual, organizational, and policy levels. Particular attention is given to equity-oriented and system-level approaches that address structural determinants of burnout and promote sustainable, healthy workplaces across diverse settings.

Guest Editors

Prof. Dr. Tyrone Brian Pretorius
Prof. Dr. Anita Padmanabhanunni
Dr. Kyle Jackson

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Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland
Tel: +41 61 683 77 34
ijerph@mdpi.com

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Message from the Editor-in-Chief

Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Scientific discoveries and advances in this research field play a critical role in providing a rational basis for informed decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards.

IJERPH provides a forum for discussion of discoveries and knowledge in these multidisciplinary fields. Please consider publishing your research in this high quality peer-reviewed journal.

Editor-in-Chief

Prof. Dr. Paul R. Ward

School of Society and Culture, Adelaide University, Adelaide 5001,
Australia

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