

Special Issue

Attachment and Mental Health

Message from the Guest Editor

According to attachment theory, our early experiences of co-regulation are fundamental for the development of neural systems supporting behavioural, social/interpersonal, emotional, motivational, and developmental outcomes. Inadequate experiences of co-regulation, leading to insecure attachment patterns, have been linked to longer term physical and mental health challenges. Potential topics for this special issue include, but are not limited to:

- Attachment insights for mental health diagnoses e.g., borderline personality disorder.
- Long-term implications of childhood stress/trauma and attachment for mental health.
- Links between attachment and mental health in clinical samples.
- Attachment and regulation, including self-regulation and dyadic regulation.
- Attachment and substance use in relation to trauma and mental health.
- Attachment theory and mental health treatment, including the therapeutic relationship and client behaviours.
- Outcomes from attachment-informed interventions.
- Attachment and mental health care utilization.

Guest Editor

Prof. Dr. Pamela Meredith

1. School of Health and Behavioural Sciences, University of the Sunshine Coast (USC), Locked Bag 4, Maroochydore BC 4558, Queensland, Australia

2. Occupational Therapy, School of Health & Rehabilitation Sciences, The University of Queensland (UQ), Saint Lucia 4072, Queensland, Australia

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Editorial Office

MDPI, Grosspeteranlage 5

4052 Basel, Switzerland

Tel: +41 61 683 77 34

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About the Journal

Message from the Editor-in-Chief

Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Scientific discoveries and advances in this research field play a critical role in providing a rational basis for informed decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards.

IJERPH provides a forum for discussion of discoveries and knowledge in these multidisciplinary fields. Please consider publishing your research in this high quality peer-reviewed journal.

Editor-in-Chief

Prof. Dr. Paul R. Ward

School of Society and Culture, Adelaide University, Adelaide 5001,
Australia

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