

Special Issue

Attachment and Mental Health

Message from the Guest Editor

According to attachment theory, our early experiences of co-regulation are fundamental for the development of neural systems supporting behavioural, social/interpersonal, emotional, motivational, and developmental outcomes. Inadequate experiences of co-regulation, leading to insecure attachment patterns, have been linked to longer term physical and mental health challenges. Potential topics for this special issue include, but are not limited to:

- Attachment insights for mental health diagnoses e.g., borderline personality disorder.
- Long-term implications of childhood stress/trauma and attachment for mental health.
- Links between attachment and mental health in clinical samples.
- Attachment and regulation, including self-regulation and dyadic regulation.
- Attachment and substance use in relation to trauma and mental health.
- Attachment theory and mental health treatment, including the therapeutic relationship and client behaviours.
- Outcomes from attachment-informed interventions.
- Attachment and mental health care utilization.

Guest Editor

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Message from the Editor-in-Chief

Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Scientific discoveries and advances in this research field play a critical role in providing a rational basis for informed decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards.

IJERPH provides a forum for discussion of discoveries and knowledge in these multidisciplinary fields. Please consider publishing your research in this high quality peer-reviewed journal.

Editor-in-Chief

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