

## Special Issue

# Ageing and the Mind or Healthy Minds in an Ageing Population

### Message from the Guest Editors

Dear Colleague, This year, 2021, is the start of the United Nations decade of healthy aging. This presents an important opportunity to improve the lives of older adults, including their mental health. As a global population, we are aging faster than ever. Currently, adults aged 65 years or older outnumber children under the age of 5 years. The World Health Organization estimates that by the end of this decade, the number of people aged 60 years of age or older will be 1.4 billion, with the majority living in developed countries. This Special Issue focuses on the critical issues related to aging and the mind as we start the decade of healthy aging. We invite you to contribute with an original report, observation or review.

---

### Guest Editors

Dr. Karen Morgan

PU-RCSI School of Medicine, Kuala Lumpur Malaysia & Dept of Health Psychology, RCSI, Dublin, Ireland

Prof. Dr. Tan Maw Pin

Department of Medicine, Faculty of Medicine, University of Malaya, 50603 Kuala Lumpur, Malaysia

---

### Deadline for manuscript submissions

closed (31 March 2022)



## International Journal of Environmental Research and Public Health

---

an Open Access Journal  
by MDPI

---

CiteScore 8.5  
Indexed in PubMed



[mdpi.com/si/84454](https://mdpi.com/si/84454)

*International Journal of  
Environmental Research and  
Public Health*

Editorial Office  
MDPI, Grosspeteranlage 5  
4052 Basel, Switzerland  
Tel: +41 61 683 77 34  
[ijerph@mdpi.com](mailto:ijerph@mdpi.com)

[mdpi.com/journal/  
ijerph](https://mdpi.com/journal/ijerph)





# International Journal of Environmental Research and Public Health

---

an Open Access Journal  
by MDPI

---

CiteScore 8.5  
Indexed in PubMed



[mdpi.com/journal/  
ijerph](https://mdpi.com/journal/ijerph)



## About the Journal

### Message from the Editor-in-Chief

Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Scientific discoveries and advances in this research field play a critical role in providing a rational basis for informed decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards.

*IJERPH* provides a forum for discussion of discoveries and knowledge in these multidisciplinary fields. Please consider publishing your research in this high quality peer-reviewed journal.

---

### Editor-in-Chief

Prof. Dr. Paul B. Tchounwou  
RCMI Center for Urban Health Disparities Research and Innovation,  
Richard N. Dixon Research Center, Morgan State University, Baltimore,  
MD 21251, USA

---

### Author Benefits

#### Open Access:

free for readers, with article processing charges (APC) paid by authors or their institutions.

#### High Visibility:

indexed within Scopus, PubMed, MEDLINE, PMC, Embase, GEOBASE, CAPlus / SciFinder, and other databases.

#### Journal Rank:

CiteScore - Q1 (Public Health, Environmental and Occupational Health)