

Special Issue

Advance in Obstructive Sleep Apnoea Treatment

Message from the Guest Editor

Obstructive sleep apnea (OSA) is the most common sleep-related breathing disorder and is characterized by recurrent episodes of a complete or partial obstruction of the upper airway, leading to reduced or absent breathing during sleep. In recent decades, the prevalence of OSA has greatly increased, making it one of the most commonly diagnosed sleep disorders, thus affecting the quality of life of a vast number of individuals. If left untreated, OSA is associated with adverse cardiovascular outcomes such as myocardial infarction, heart failure, pulmonary hypertension, systemic hypertension, arrhythmias, sudden death and general mortality. There are many standard treatments for obstructive sleep apnea and some upcoming treatments. This issue will provide an update of the existing and upcoming treatments. We invite you to contribute to this Special Issue with high-quality and original studies, review papers, and meta-analysis.

Guest Editor

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Message from the Editor-in-Chief

Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Scientific discoveries and advances in this research field play a critical role in providing a rational basis for informed decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards.

IJERPH provides a forum for discussion of discoveries and knowledge in these multidisciplinary fields. Please consider publishing your research in this high quality peer-reviewed journal.

Editor-in-Chief

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