

Special Issue

Mental Health Services in Primary Care Settings: Challenges, Opportunities and Best Practices

Message from the Guest Editors

Welcome to the Special Issue “Mental Health Services in Primary Care Settings: Challenges, Opportunities, and Best Practices.”

Primary health care services are generally more accessible, available, and accepted by communities, making it imperative to provide access to populations. for delivering mental health services. However, challenges remain in areas such as mental health literacy, positive mental health, psychological vulnerability, substance use disorders, care for the elderly population, family caregivers, social determinants of health, and reducing stigma. To this end, promoting mental health integration within primary care settings requires complex interventions, with cost-effectiveness and high levels of evidence, and management through evaluation indicators that quantify and monitor the quality in the implementation of sustainable and integrated care. We have prepared this Special Issue and invite high-quality academic articles that address ways to overcome difficulties, foster opportunities, and provide best practices for integrating mental health care within primary health care.

Guest Editors

Dr. Maria do Perpétuo S. S. Nóbrega

1. Department of Mother and Child and Psychiatric Nursing, School of Nursing, University of São Paulo (EEUSP), São Paulo, Brazil
2. Postgraduate Program in Nursing (PPGE), Av. Dr. Enéas de Carvalho Aguiar, 419, São Paulo 05403-000, SP, Brazil

Dr. Odete Araújo

1. School of Nursing, University of Minho, Nursing Research Centre, 4710-057 Braga, Portugal
2. Health Sciences Research Unit: Nursing (UICISA: E), Nursing School of Coimbra (ESEnFC), 3045-043 Coimbra, Portugal

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Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland
Tel: +41 61 683 77 34
ijerph@mdpi.com

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Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Scientific discoveries and advances in this research field play a critical role in providing a rational basis for informed decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards.

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Prof. Dr. Paul B. Tchounwou

RCMI Center for Urban Health Disparities Research and Innovation,
Richard N. Dixon Research Center, Morgan State University, Baltimore,
MD 21251, USA

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