

Special Issue

2nd Edition of Active and Healthy Confinement Lifestyle (AHCL): Cross-Disciplinary Approach to Be Better Prepared for Future Pandemics

Message from the Guest Editors

The COVID-19 pandemic means that many of us are staying at home and doing less in terms of social interactions and exercise. In order to be well prepared for possible re-closing measures as well as for future pandemics, we invite researchers to submit high-quality papers that investigating changes in lifestyle behaviors during the COVID-19; aiming to provide scientific data to help identify risk factors for the psychosocial strain during the COVID-19 outbreak; investigating the effect of different restriction levels on lifestyle behaviors and mental wellbeing; investigating the effect of exercising and/or maintaining other confinement healthy behaviors on physical and mental health; dealing with reopening and/or reclosing measures and their effect on physical and mental health; focusing on the application of digital technology to promote Active and Healthy Confinement Lifestyle; dealing with the potential of big data in promoting physical and mental health during pandemics; discussing the design, implementation, and evaluation of behavioral and policy interventions aiming to address physical and mental health problems derived from pandemic situations.

Guest Editors

Dr. Achraf Ammar

Dr. Khaled Trabelsi

Prof. Dr. Mohamed Jmaiel

Dr. Aimen Khacharem

Deadline for manuscript submissions

closed (31 March 2023)



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About the Journal

Message from the Editor-in-Chief

Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Scientific discoveries and advances in this research field play a critical role in providing a rational basis for informed decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards.

IJERPH provides a forum for discussion of discoveries and knowledge in these multidisciplinary fields. Please consider publishing your research in this high quality peer-reviewed journal.

Editor-in-Chief

Prof. Dr. Paul B. Tchounwou

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