

## Special Issue

# Epidemiology of Cardiovascular Disease and Health Promotion

### Message from the Guest Editor

There are many behavioral, environmental, social, and cardio-metabolic risk factors for Cardiovascular diseases, and some of them can be controlled, such as high blood pressure, high blood cholesterol levels, smoking, diabetes, overweight or obesity, lack of physical activity, unhealthy diet, alcohol use, and stress. Others cannot be controlled, and these include age, gender, family history, and race. The burden of CVDs and the CVD burden attributable to modifiable risk factors continue to increase globally. However, mortality rates from CVDs have been declining in highly developed countries, such as the United States of America, Australia, and Northern as well as Western Europe, with approximately two-thirds of the decline attributable to changes in risk factors and one-third due to evidence-based treatments. Therefore, the main goal of clinical and population preventative strategies should be a reduction in CVD morbidity and mortality, with the estimation of CVD risk and the promotion of healthy lifestyles as the most important ones. In addition, the implementation of therapeutic strategies is very important and also responsible for the reduction in CVD deaths.

### Guest Editor

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### Deadline for manuscript submissions

closed (15 September 2023)



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### Message from the Editor-in-Chief

Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Scientific discoveries and advances in this research field play a critical role in providing a rational basis for informed decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards.

*IJERPH* provides a forum for discussion of discoveries and knowledge in these multidisciplinary fields. Please consider publishing your research in this high quality peer-reviewed journal.

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### Editor-in-Chief

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