

Special Issue

The Effect of Exercise on Mental Health and Physical Rehabilitation

Message from the Guest Editors

We will accept manuscripts from different disciplines that include psycho-pedagogical variables:

- Evaluation of psycho-pedagogical variables in contexts of physical activity and/or in the process of physical rehabilitation, as predictors of well-being.
- Psychological intervention programs during physical rehabilitation.
- Physical and psychological intervention programs in psychiatric patients.
- Physical education and/or sport as a promoter of mental health in basic education (elementary and high school).
- Emotional intelligence and values in sport and physical rehabilitation.
- Comparison between genders of psycho-pedagogical variables in different contexts of physical activity and/or in the process of physical rehabilitation.

Guest Editors

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About the Journal

Message from the Editor-in-Chief

Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Scientific discoveries and advances in this research field play a critical role in providing a rational basis for informed decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards.

IJERPH provides a forum for discussion of discoveries and knowledge in these multidisciplinary fields. Please consider publishing your research in this high quality peer-reviewed journal.

Editor-in-Chief

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