

Special Issue

Active Health Promotion in Older Age

Message from the Guest Editor

The *International Journal of Environmental Research and Public Health* (IJERPH) is pleased to announce a forthcoming Special Issue dedicated to active health promotion in older age, a topic of growing relevance in the context of global health and demographic transitions. As populations continue to age on a global scale, there is a pressing need for scientific insights that inform strategies to maintain and enhance health, autonomy, and quality of life in later years. We are pleased to invite you to contribute your research to this Special Issue. Our goal is to highlight recent advances and foster dialogue on key challenges and opportunities in aging and health. We particularly welcome submissions addressing sarcopenia, frailty, falls, cognitive impairment, and the role of exercise in healthy aging. All types of epidemiological studies are encouraged, including randomized controlled trials, observational studies, and systematic reviews, especially those with direct implications for health promotion and public health interventions in aging populations. We look forward to your valuable contributions to this timely and impactful Issue.

Guest Editor

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About the Journal

Message from the Editor-in-Chief

Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Scientific discoveries and advances in this research field play a critical role in providing a rational basis for informed decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards.

IJERPH provides a forum for discussion of discoveries and knowledge in these multidisciplinary fields. Please consider publishing your research in this high quality peer-reviewed journal.

Editor-in-Chief

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