

Special Issue

Restorative Environments

Message from the Guest Editors

Nature is a restorative environment. Contact with natural environments decrease stress and facilitate physical and psychological restoration, benefit mood, self-esteem, and positive affect. The green of the plants, the blue of the water, are main perceived environmental restorative features of the natural environments. For a long time, landscape architects and urban planners have been concerned about the restorative characteristics of nature and incorporated it in the design and management of urban green spaces and residential areas. In recent years, companies and institutions (e.g., schools, public service buildings) have also been integrating natural elements into their workspace. This special issue presents a set of studies related to the characteristics of restorative environments at different settings and their effects on physical and mental health, well-being, social interaction, satisfaction in work and educational environments, and performance.

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Deadline for manuscript submissions

closed (30 June 2024)



International Journal of Environmental Research and Public Health

an Open Access Journal
by MDPI

CiteScore 8.5
Indexed in PubMed



mdpi.com/si/128069

*International Journal of
Environmental Research and
Public Health*

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Message from the Editor-in-Chief

Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Scientific discoveries and advances in this research field play a critical role in providing a rational basis for informed decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards.

IJERPH provides a forum for discussion of discoveries and knowledge in these multidisciplinary fields. Please consider publishing your research in this high quality peer-reviewed journal.

Editor-in-Chief

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