

## Special Issue

# Physical and Mental Health in Childhood and Adolescence: Building Foundation for Healthy Living

### Message from the Guest Editor

The literature presents strong evidence that chronic conditions manifested in adulthood result from complex interactions among various behaviors and risk factors that may originate in childhood and adolescence.

Therefore, children and adolescents who exhibit these behaviors and risk factors are, with increasing age, more likely to develop and experience worsening of chronic conditions, including cardiovascular, metabolic, respiratory, musculoskeletal, oncological, neurodegenerative, and psychoemotional diseases.

Thus, the early detection of behaviors and risk factors in the young population is defined as an important primary care strategy that can effectively contribute to the prevention of physical and mental health outcomes in the present and future in adulthood, reducing public health expenditures. This Special Issue provides an opportunity to publish high-quality research findings that relate behaviors and risk factors to physical and mental health outcomes in children and adolescents. We are particularly interested in innovative interventions targeting these outcomes in young populations from different cultures and regions of the world.

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### Guest Editor

Prof. Dr. Dartagnan Guedes

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### Deadline for manuscript submissions

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## International Journal of Environmental Research and Public Health

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## About the Journal

### Message from the Editor-in-Chief

Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Scientific discoveries and advances in this research field play a critical role in providing a rational basis for informed decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards.

*IJERPH* provides a forum for discussion of discoveries and knowledge in these multidisciplinary fields. Please consider publishing your research in this high quality peer-reviewed journal.

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### Editor-in-Chief

Prof. Dr. Paul R. Ward

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