

Special Issue

The Effect of the Physical Activity on the Health of People

Message from the Guest Editors

This Special Issue of the *International Journal of Environmental Research and Public Health (IJERPH)* focuses on the current state of knowledge on the effects of different types of physical exercise on people's health, and welcomes new research papers, reviews, and case reports. Papers on new approaches to the practice of physical exercise in relation to their health or risk assessment are also welcome. Other accepted manuscript types include methodological papers, position papers, brief reports, and commentaries.

Guest Editors

Prof. Dr. Osvaldo Costa Moreira

Institute of Biological Sciences and Health, Campus Florestal, Federal University of Viçosa, Viçosa 35690-000, Brazil

Dr. Luís Leitão

Department of Sciences and Technology, Polytechnic Institute of Setúbal (IPS), Estefanilha, 2910-761 Setúbal, Portugal

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Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland
Tel: +41 61 683 77 34
ijerph@mdpi.com

[mdpi.com/journal/
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Message from the Editor-in-Chief

Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Scientific discoveries and advances in this research field play a critical role in providing a rational basis for informed decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards.

IJERPH provides a forum for discussion of discoveries and knowledge in these multidisciplinary fields. Please consider publishing your research in this high quality peer-reviewed journal.

Editor-in-Chief

Prof. Dr. Paul B. Tchounwou
RCMI Center for Urban Health Disparities Research and Innovation,
Richard N. Dixon Research Center, Morgan State University, Baltimore,
MD 21251, USA

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