

Special Issue

Functional Foods in Health and Disease

Message from the Guest Editors

Gender Inequalities in Health and Social Determinant With an increasing number of people with chronic diseases, people are gradually realizing the importance of dietary nutrition and functional food. Functional foods, as dictated by the Functional Food Center (FFC) are defined as follows: "Natural or processed foods that contain biologically active compounds, which, in defined, effective, non-toxic amounts, provide a clinically proven and documented health benefit utilizing specific biomarkers, to promote optimal health and reduce the risk of chronic/viral diseases and manage their symptoms." Ingesting functional foods containing natural bioactive compounds is beneficial to enhance the vitality of the human body, improve immunity, and reduce the risk of chronic disease. This Special Issue focuses on the current state of knowledge on "Functional Foods in Health and Disease". New research papers, reviews, case reports, etc., are welcome for submission to this issue, which will cover various aspects of functional foods and chronic diseases such as cardiovascular disease, obesity, diabetes, cancer and/or scientific policies related to functional foods.

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Message from the Editor-in-Chief

Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Scientific discoveries and advances in this research field play a critical role in providing a rational basis for informed decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards.

IJERPH provides a forum for discussion of discoveries and knowledge in these multidisciplinary fields. Please consider publishing your research in this high quality peer-reviewed journal.

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