

Special Issue

Barriers and Facilitators of Healthy Diet, Physical Activity, and Health Promotion Among Indigenous Peoples and Communities

Message from the Guest Editor

Indigenous peoples and communities around the world maintain diverse cultural and social practices that support healthy eating, physical activity, and holistic well-being. These practices provide a foundation for culturally relevant, community-driven health promotion initiatives. At the same time, there are challenges that shape how these practices are supported and sustained across diverse contexts.

This Special Issue focuses on understanding the facilitators that enable healthy behaviours, as well as the associated barriers, with the goal of generating evidence to inform culturally relevant interventions, health promotion strategies, and policy development in Indigenous contexts globally. We particularly welcome research that applies or develops frameworks, models, or conceptual approaches to guide and evaluate health promotion and behaviour change in Indigenous communities.

We invite high-quality contributions that explore these themes among Indigenous populations globally. Submissions may include original research, systematic or scoping reviews, qualitative and mixed-methods studies, and implementation science research that draw on Indigenous perspectives and knowledges.

Guest Editor

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Message from the Editor-in-Chief

Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Scientific discoveries and advances in this research field play a critical role in providing a rational basis for informed decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards.

IJERPH provides a forum for discussion of discoveries and knowledge in these multidisciplinary fields. Please consider publishing your research in this high quality peer-reviewed journal.

Editor-in-Chief

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