

Special Issue

Health Promotion in Childhood and Adolescence

Message from the Guest Editors

As of 2025, there are approximately 2.5 billion children and adolescents globally, and they comprise nearly one-third of the global population. Promoting child and adolescent health is a global priority because child and adolescent health is the foundation for healthy societies. Children and adolescents are in key developmental stages where physical, social, emotional, and cognitive growth occur, and poor health during these years can have lifelong consequences. Non-communicable diseases are increasing among youth due to poor diets, sedentary lifestyles, and environmental factors. Mental health disorders are increasing in prevalence, often exacerbated by social isolation, social media, climate anxiety, and economic and political instability. Additionally, sexual and reproductive health are challenged by stigma, gender inequities, and policies that limit youth access to developmentally appropriate education and care. Communicable diseases are an increasing challenge for both children and adolescents, as vaccine misinformation and hesitation have increased globally. This Special Issue focuses on innovative, participatory approaches to child and adolescent health promotion globally.

Guest Editors

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About the Journal

Message from the Editor-in-Chief

Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Scientific discoveries and advances in this research field play a critical role in providing a rational basis for informed decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards.

IJERPH provides a forum for discussion of discoveries and knowledge in these multidisciplinary fields. Please consider publishing your research in this high quality peer-reviewed journal.

Editor-in-Chief

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