

## Special Issue

# Integration of Cyberspace Behavior and E-Therapy in Mental Health Care

### Message from the Guest Editors

Digital technologies are evolving rapidly, enabling significant transformations in mental health care. With the increased prevalence of mental health issues worldwide, innovative and engaging solutions are needed to support these individuals. These are important, not only for providing effective care on site, but also to account for accessibility for ambulatory patients and follow-up care. A promising strategy is the integration of cyberspace behavior analysis, considering that online behaviors may provide valuable insights into individuals' mental state. That is, by analyzing digital behavior, along language patterns in virtual communications. This can be achieved through the use of artificial intelligence by developing predictive models aimed at detecting these signs, and this could further allow the adaption of intervention strategies tailored to each case. Moreover, by understanding cyberspace behavior, it is possible to design the most fitted e-therapy interventions, considering strengths and limitations of potential users, allowing several forms of e-therapy, from tele-psychology to more complex VR-based psychological interventions.

### Guest Editors

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Prof. Dr. Pedro Gamito  
Dr. Sofia Mateus Francisco

### Deadline for manuscript submissions

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## International Journal of Environmental Research and Public Health

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Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Scientific discoveries and advances in this research field play a critical role in providing a rational basis for informed decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards.

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