

Special Issue

Advancing Public and Occupational Health Through Physical Activity and Injury Prevention

Message from the Guest Editor

Physical activity is one of the most powerful tools for improving population health, yet inactivity and injury remain significant barriers to sustained participation. This Special Issue seeks to advance understanding of how physical activity and injury prevention intersect within the broader domains of public and occupational health. We welcome research that explores **novel interventions, emerging or understudied populations, exploratory investigations, surveillance systems, behavioral and environmental determinants, and policy initiatives** that foster safe and active living. Submitted papers may include observational or experimental studies, reviews, or translational frameworks that highlight mechanisms linking activity and safety, implementation of exercise programs across diverse populations, and innovations that reduce work-related or recreational injuries. Special emphasis will be placed on interdisciplinary approaches bridging exercise science, ergonomics, rehabilitation, and public health. By bringing together research across these domains, this Special Issue aims to inform strategies that enable individuals to move more, and move safely, throughout their lifespan.

Guest Editor

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Deadline for manuscript submissions

30 November 2026



International Journal of Environmental Research and Public Health

an Open Access Journal
by MDPI

CiteScore 8.5
Indexed in PubMed



mdpi.com/si/260481

*International Journal of
Environmental Research and
Public Health*

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About the Journal

Message from the Editor-in-Chief

Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Scientific discoveries and advances in this research field play a critical role in providing a rational basis for informed decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards.

IJERPH provides a forum for discussion of discoveries and knowledge in these multidisciplinary fields. Please consider publishing your research in this high quality peer-reviewed journal.

Editor-in-Chief

Prof. Dr. Paul R. Ward

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