

## Special Issue

# The Impact of Internet and Social Media Use on Well-Being

### Message from the Guest Editors

The relationship between internet use and mental health and well-being has become an increasingly important area of study in recent years. With the exponential growth of internet use and the increasing prevalence of social media and other online platforms, it has become crucial to understand how these technologies impact our mental and physical health. While the internet and social media provide many benefits, including improved communication, access to information, and opportunities for self-expression, there are also potential negative consequences associated with excessive use. Thus, it is essential to study the complex interplay between internet use and mental health and well-being in order to better understand the potential risks and benefits of these technologies and develop effective strategies for promoting healthy use. This Special Issue of the journal will focus on the research aimed at studying the relationship between internet and social media use and well-being and mental health. We welcome submissions from researchers in a variety of fields, including psychology, sociology, communication, and computer science, as well as from interdisciplinary perspectives.

### Guest Editors

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### Deadline for manuscript submissions

closed (31 December 2023)



## International Journal of Environmental Research and Public Health

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CiteScore 8.5  
Indexed in PubMed



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*International Journal of  
Environmental Research and  
Public Health*  
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## About the Journal

### Message from the Editor-in-Chief

Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Scientific discoveries and advances in this research field play a critical role in providing a rational basis for informed decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards.

*IJERPH* provides a forum for discussion of discoveries and knowledge in these multidisciplinary fields. Please consider publishing your research in this high quality peer-reviewed journal.

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