

Special Issue

Alcohol Consumption and Associated Cardiovascular Risk Factors

Message from the Guest Editors

Habitual alcohol drinking shows diverse effects on individual health, depending on the amount of alcohol consumed. The incidence of cardiovascular disease, especially ischemic heart disease, is known to be lower in light-to-moderate drinkers than in nondrinkers, whereas excessive drinking impairs cardiovascular health. Early detection and correction of cardiovascular risk factors are crucial for the prevention of cardiovascular disease. In this Special Issue of *IJERPH*, up-to-date knowledge on the relationships between alcohol drinking and various cardiovascular risk factors is introduced, and how we should manage the habit of alcohol drinking will be discussed. Recent topics on cardiovascular risk, e.g., COVID-19, are also included in the scope of this Special Issue. Articles focusing not only on epidemiological studies but also on experimental studies are welcome in this Special Issue. We hope that this Special Issue will contribute to the development of future strategies for the promotion of cardiovascular health and the prevention of cardiovascular aging and dysfunction through establishing the associations between alcohol drinking and cardiovascular risk factors.

Guest Editors

Prof. Dr. Ichiro Wakabayashi

Department of Environmental and Preventive Medicine, Hyogo College of Medicine, Mukogawa-cho 1-1, Nishinomiya, Hyogo 663-8501, Japan

Prof. Dr. Klaus Groschner

Gottfried Schatz Research Center, Division of Biophysics, Medical University of Graz, Neue Stiftingtalstrasse 6/III, 8010 Graz, Austria

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Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland
Tel: +41 61 683 77 34
ijerph@mdpi.com

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About the Journal

Message from the Editor-in-Chief

Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Scientific discoveries and advances in this research field play a critical role in providing a rational basis for informed decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards.

IJERPH provides a forum for discussion of discoveries and knowledge in these multidisciplinary fields. Please consider publishing your research in this high quality peer-reviewed journal.

Editor-in-Chief

Prof. Dr. Paul B. Tchounwou
RCMI Center for Urban Health Disparities Research and Innovation,
Richard N. Dixon Research Center, Morgan State University, Baltimore,
MD 21251, USA

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