# **Special Issue**

# Digital Intervention and Self-Management: 2nd Edition

# Message from the Guest Editor

This Special Issue will be devoted to digital interventions that support self-management in individuals across the continuum of prevention, early intervention, and management in long-term physical or mental health conditions. In our ever-changing world, in which digital technology is becoming part of our everyday lives, a more nuanced understanding of how digital interventions can impact our physical, psychological, and social health is of critical importance if we are to make the most of the opportunities that they afford in order to address our most pressing health issues. This Special Issue will add to our knowledge base and advance our understanding of digital interventions and self-management in research and practice across the globe. We encourage you to submit original empirical studies, as well as systematic reviews or meta-analyses. Short reports and methodological papers will also be considered.

## **Guest Editor**

Prof. Dr. Sharon Lawn

College of Medicine and Public Health, Flinders University, Adelaide, SA 5001, Australia

# Deadline for manuscript submissions

closed (17 February 2025)



# International Journal of Environmental Research and Public Health

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# Message from the Editor-in-Chief

Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers.

Scientific discoveries and advances in this research field play a critical role in providing a rational basis for informed decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards.

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# Editor-in-Chief

Prof. Dr. Paul B. Tchounwou

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