

Special Issue

Complementary and Alternative Medicine (CAM) in the Management of Rheumatic Diseases: Is It Useful?

Message from the Guest Editor

Complementary and alternative medicine (CAM) is defined by the World Health Organization (WHO) as a broad set of healthcare practices that are not included in conventional health system practices and not fully integrated into the dominant healthcare system. Patients frequently use CAM for a number of reasons, such as feeling that conventional treatments are not working, being told that CAM is beneficial by their friends, CAM costing less, and CAM being said to have fewer or no adverse effects. In rheumatic diseases, the use of CAM is common. We therefore felt it necessary to gather and examine, in a systematic manner, the evidence for or against the use of CAM in rheumatic diseases. While it is not possible to cover all aspects of CAM, this Special Issue will examine the scientific evidence for the use of the following CAM in rheumatic diseases: micronutrients; CoQ10; vitamins (particularly vitamin B12 and possibly vitamin C); yoga/Tai meditation; Ayurveda (classical); acupuncture; anti-inflammatory/immunosuppressive diet; cognitive/behavioral therapy; and herbs.

Guest Editor

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Message from the Editor-in-Chief

Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Scientific discoveries and advances in this research field play a critical role in providing a rational basis for informed decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards.

IJERPH provides a forum for discussion of discoveries and knowledge in these multidisciplinary fields. Please consider publishing your research in this high quality peer-reviewed journal.

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